

Life Skills and Career Exploration
Data Recording Sheet

1. I am finding out more about the following life skills:

a)

b)

c)

2. These life skills mean:

a)

b)

c)

3. I am interested in the following careers:

a)

b)

c)

4. Life skills common to all three careers I am exploring are...

5. *(Life skill)* is important to *(Career)* because...

a)

b)

c)

6. I am becoming prepared to be a *(Career)* because I am...